

Straightforward Elementary CEF Checklists

Choose from 0–5 for each statement to express how well you can carry out the following skills practised in *Straightforward Elementary*.

0 = I can't do this at all.

1 = I can do this with a lot of help from my teacher.

2 = I can do this a little.

3 = I can do this fairly well.

4 = I can do this really well.

5 = I can do this almost perfectly.

Basics 1 & 2

Listening

• I can understand numbers. (Basics 1, p6)	0 1 2 3 4 5
• I can understand classroom instructions. (Basics 2, p8)	0 1 2 3 4 5
• I can understand the names of colours. (Basics 2, p8)	
• I can understand the days of the week. (Basics 2, p8)	
• I can understand the names of common objects. (Basics 2, p9)	0 1 2 3 4 5

Reading

• I can read signs in English. (Basics 1, p6)	0 1 2 3 4 5
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Spoken production

• I can spell my name. (Basic2 1, p7)	0 1 2 3 4 5
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Language quality

• I can understand basic grammar terms. (Basics 2, p9)	0 1 2 3 4 5
• I can use a/an with nouns. (Basics 2, p9)	0 1 2 3 4 5
• I can make nouns plural. (Basics 2, p9)	0 1 2 3 4 5

Unit 1

Listening

• I can understand greetings. (1A, p12)	0 1 2 3 4 5
• I can understand the names of objects in an office. (1A, p13)	0 1 2 3 4 5
• I can understand conversations I hear in a hotel. (1D, p18)	0 1 2 3 4 5

Reading

• I can understand an email invitation. (1D, p18)	0 1 2 3 4 5
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Spoken interaction

• I can say hello and goodbye. (1A, p13)	0 1 2 3 4 5
• I can ask and answer questions about my nationality and age. (1B, p15)	0 1 2 3 4 5
• I can ask for the name of an object in English. (1C, p17)	0 1 2 3 4 5
• I can respond to an offer. (1D, p19)	0 1 2 3 4 5

Spoken production

• I can introduce myself. (1A, p13)	0 1 2 3 4 5
• I can identify objects. (1C, p16)	0 1 2 3 4 5
• I can identify drinks. (1D, p19)	0 1 2 3 4 5

Language quality

• I can use the verb <i>to be</i> in affirmative and negative statements. (1A, p13)	0 1 2 3 4 5
• I can use possessive adjectives to talk about personal possessions. (1A, p13)	0 1 2 3 4 5
• I can use <i>this, that, these, those</i> to talk about things that are near or far away from me. (1C, p17)	0 1 2 3 4 5

Writing

• I can complete a form. (Workbook 1, p65)	0 1 2 3 4 5
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Unit 2

Listening

• I can understand common verbs in a description. (2A, p22)	0 1 2 3 4 5
• I can understand information about someone's life. (2A, p23)	0 1 2 3 4 5
• I can understand a short interview. (2B, p24)	0 1 2 3 4 5
• I can understand a description of a person. (2D, p28)	0 1 2 3 4 5

Reading

• I can understand a short article. (2A, p33)	0 1 2 3 4 5
• I can understand opinions in an article. (2C, p26)	0 1 2 3 4 5

Spoken production

• I can talk about my favourite activities. (2B, p24)	0 1 2 3 4 5
• I can describe someone. (2D, p29)	0 1 2 3 4 5
Language quality	
• I can use the present simple in the affirmative and negative to talk about my life. (2A, p23)	0 1 2 3 4 5
• I can ask questions in the present simple. (2B, p25; 2C, p27)	0 1 2 3 4 5
• I can use adjectives to describe people. (2D, p28)	0 1 2 3 4 5
Writing	
• I can give personal information about myself in an email. (Workbook 2, p 67)	0 1 2 3 4 5

Unit 3	
Listening	
• I can understand questions and answers in a radio interview. (3B, p34)	0 1 2 3 4 5
• I can understand directions in a building. (3D, p39)	0 1 2 3 4 5
Reading	
• I can understand a Houseswap webpage. (3A, p32)	0 1 2 3 4 5
• I can understand a description of a tourist attraction. (3D, p38)	0 1 2 3 4 5
Spoken interaction	
• I can give information about my house. (3A, p33)	0 1 2 3 4 5
• I can ask for and give directions. (3D, p39)	0 1 2 3 4 5
Spoken production	
• I can describe where I live. (3A, p32, p33, p35)	0 1 2 3 4 5
• I can talk about what I do at home. (3B, p35)	0 1 2 3 4 5
• I can identify furniture in a room. (3C, p36)	0 1 2 3 4 5
• I can use <i>a, an, some & any</i> to describe a room. (3C, p37)	0 1 2 3 4 5
Language quality	
• I can use prepositions of place to describe position. (3A, p33)	0 1 2 3 4 5
• I can use <i>there is, there are</i> to describe a building. (3B, p35)	0 1 2 3 4 5
• I can ask questions with <i>how many?</i> (3B, p35)	0 1 2 3 4 5
Writing	
• I can give directions to my house. (Workbook 3, p69)	0 1 2 3 4 5

Unit 4	
Listening	
• I can ask for the time and understand the answer. (4A, p43)	0 1 2 3 4 5
• I can understand information about a radio talkshow. (4C, p46)	0 1 2 3 4 5
• I can understand simple phone conversations. (4D, p48)	0 1 2 3 4 5
Reading	
• I can understand a sequence of events in an article. (4A, p42)	0 1 2 3 4 5
• I can check facts in a short article. (4B, p45)	0 1 2 3 4 5
Spoken interaction	
• I can ask for phone numbers and give my phone number. (4D, p48)	0 1 2 3 4 5
• I can begin and end a telephone conversation. (4D, p49)	0 1 2 3 4 5
• I can give a message to someone on the phone. (4D, p49)	0 1 2 3 4 5
Spoken production	
• I can talk about daily routines and habits. (4A, p43)	0 1 2 3 4 5
• I can talk about important dates in my life. (4B, p44)	0 1 2 3 4 5
Language quality	
• I can use <i>in, on, at</i> to talk about time. (4B, p45)	0 1 2 3 4 5
• I can use frequency adverbs and time phrases to talk about how often I do something. (4C, p46)	0 1 2 3 4 5
Writing	
• I can write a phone message. (Workbook 4, p71)	0 1 2 3 4 5

Unit 5	
Listening	
• I can understand information about the weather. (5B, p54)	0 1 2 3 4 5
• I can understand a conversation about a practical problem. (5C, p56)	0 1 2 3 4 5
Reading	

• I can understand a description of a product. (5A, p52)	0 1 2 3 4 5
• I can understand an advertisement for a hotel. (5D, p58)	0 1 2 3 4 5
Spoken interaction	
• I can talk about my abilities. (5A, p53)	0 1 2 3 4 5
• I can interrupt someone when I don't understand. (5A, p53)	0 1 2 3 4 5
• I can talk about holiday photos. (5B, p54)	0 1 2 3 4 5
• I can agree and disagree with a suggestion. (5C, p56)	0 1 2 3 4 5
• I can ask for permission and respond to a request. (5D, p59)	0 1 2 3 4 5
•	0 1 2 3 4 5
Language quality	
• I can use <i>was/were</i> to talk about the past. (5B, p55)	0 1 2 3 4 5
• I can use past simple regular verbs to describe a situation. (5C, p57)	0 1 2 3 4 5
• I can ask questions in the past simple. (5C, p57)	0 1 2 3 4 5
Writing	
• I can write about my last holiday. (Workbook 5, p73)	0 1 2 3 4 5

Unit 6	
Listening	
• I can understand a television quiz show. (6B, p64)	0 1 2 3 4 5
• I can understand opinions in a conversation. (6D, p69)	0 1 2 3 4 5
Reading	
• I can understand a weblog diary. (6A, p62)	0 1 2 3 4 5
• I can understand the main ideas in a short article. (6C, p67)	0 1 2 3 4 5
Spoken interaction	
• I can ask other people about their opinions. (6D, p69)	0 1 2 3 4 5
Spoken production	
• I can talk about feelings. (6C, p66)	0 1 2 3 4 5
• I can give my opinion with examples. (6D, p68)	0 1 2 3 4 5
• I can report back to the class about shared opinions. (6D, p69)	0 1 2 3 4 5
Language quality	
• I can use past simple irregular verbs to tell a story. (6A, p63)	0 1 2 3 4 5
• I can use past time expressions to talk about myself. (6B, p65)	0 1 2 3 4 5
• I can use adverbs of manner to describe how I do something. (6C, p67)	0 1 2 3 4 5
Writing	
• I can write a card for a special occasion. (Workbook 6, p75)	0 1 2 3 4 5

Unit 7	
Listening	
• I can identify information in a radio programme. (7A, p73)	0 1 2 3 4 5
• I can understand opinions about food in a conversation. (7C, p76)	0 1 2 3 4 5
Reading	
• I can find the facts I need in an article. (7B, p74)	0 1 2 3 4 5
Spoken interaction	
• I can ask someone about their likes and dislikes. (7A, p72; 7C, p76)	0 1 2 3 4 5
• I can ask questions about quantities. (7B, p75)	0 1 2 3 4 5
• I can talk about eating out. (7C, p78)	0 1 2 3 4 5
• I can order food and drink in a restaurant. (7D, p79)	0 1 2 3 4 5
• I can ask for a table in a restaurant. (7D, p79)	0 1 2 3 4 5
Spoken production	
• I can give instructions about how to follow a diet. (7A, p73)	0 1 2 3 4 5
• I can talk about food I like and dislike. (7C, p76)	0 1 2 3 4 5
Language quality	
• I can use countable and uncountable nouns to talk about my diet. (7A, p73)	0 1 2 3 4 5
• I can criticise something or someone with <i>too</i> . (7C, p77)	0 1 2 3 4 5
Writing	
• I can write a description of a dish I like. (Workbook 7, p77)	0 1 2 3 4 5

Unit 8	
Listening	
• I can understand a traffic report. (8B, p84)	0 1 2 3 4 5
• I can understand the sequence of events in a story. (8C, p86)	0 1 2 3 4 5
Reading	
• I can understand the main ideas in a magazine article. (8A, p82)	0 1 2 3 4 5
• I can give my opinion about ideas in a text. (8B, p85)	0 1 2 3 4 5
Spoken interaction	
• I can talk about my travel habits. (8A, p83)	0 1 2 3 4 5
• I can make and respond to suggestions. (8D, p89)	0 1 2 3 4 5
Spoken production	
• I can give reasons for likes and dislikes. (8A, p83)	0 1 2 3 4 5
• I can talk about events and actions happening now. (8B, p85)	0 1 2 3 4 5
• I can describe a journey. (8D, p89)	0 1 2 3 4 5
Language quality	
• I can use the present continuous to describe actions in pictures and photos. (8B, pp84–85)	0 1 2 3 4 5
• I can decide when to use the present simple or present continuous. (8C, p87)	0 1 2 3 4 5
• I can use intonation to sound friendly. (8D, p89)	0 1 2 3 4 5
Writing	
• I can invite someone out. (Workbook 8, p79)	0 1 2 3 4 5

Unit 9	
Listening	
• I can follow instructions. (9B, p95)	0 1 2 3 4 5
• I can understand the main ideas in a television interview. (9C, p96)	0 1 2 3 4 5
• I can understand a conversation about health problems. (9D, p98)	0 1 2 3 4 5
Reading	
• I can understand facts on a webpage. (9A, p92)	0 1 2 3 4 5
• I can understand the main ideas in an article. (9B, p94)	0 1 2 3 4 5
Spoken interaction	
• I can talk to someone about their health. (9D, pp98–99)	0 1 2 3 4 5
Spoken production	
• I can talk about my clothes. (9A, p92)	0 1 2 3 4 5
Language quality	
• I can use <i>should/shouldn't</i> to give advice. (9A, p93)	0 1 2 3 4 5
• I can use imperatives to give instructions. (9B, p100)	0 1 2 3 4 5
• I can use possessive pronouns to answer <i>whose</i> questions. (9C, p97)	0 1 2 3 4 5
Writing	
• I can give someone advice in a letter. (Workbook 9, p81)	0 1 2 3 4 5

Unit 10	
Listening	
• I can understand general comments in a conversation. (10B, p105)	0 1 2 3 4 5
• I can understand requests in a gift shop. (10D, p109)	0 1 2 3 4 5
Reading	
• I can understand details in an article. (10A, p102)	0 1 2 3 4 5
• I can understand the main idea of each paragraph in an article. (10C, p106)	0 1 2 3 4 5
Spoken interaction	
• I can discuss anti-smoking laws in my country. (10A, p103)	0 1 2 3 4 5
• I can ask for things in a shop. (10D, p109)	0 1 2 3 4 5
Spoken production	
• I can talk about my city. (10B, p104)	0 1 2 3 4 5
Language quality	
• I can use <i>must/mustn't/needn't</i> to talk about obligation. (10A, p103)	0 1 2 3 4 5
• I can use comparatives to compare different places. (10B, p105)	0 1 2 3 4 5
• I can use superlatives to compare more than two people or things. (10C, p107)	0 1 2 3 4 5
• I can use word linking to speak more quickly and smoothly. (10D, p109)	0 1 2 3 4 5

Writing	
• I can write about my town or city. (Workbook 10, p83)	0 1 2 3 4 5

Unit 11	
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Listening	
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• I can understand a television documentary. (11A, p113)	0 1 2 3 4 5
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• I can compare facts in a talk to an article. (11C, p117)	0 1 2 3 4 5
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Reading	
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• I can understand the main ideas in an article. (11B, p114)	0 1 2 3 4 5
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• I can guess the meaning of words in an article. (11C, p116)	0 1 2 3 4 5
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• I can understand opinions on an internet discussion board. (11D, p118)	0 1 2 3 4 5
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Spoken interaction	
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• I can ask someone questions about their job. (11A, p113)	0 1 2 3 4 5
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• I can discuss health care in my country. (11A, p113)	0 1 2 3 4 5
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• I can make and respond to invitations. (11D, p119)	0 1 2 3 4 5
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Spoken production	
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• I can talk about jobs and work in my country. (11B, p115)	0 1 2 3 4 5
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Language quality	
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• I can use <i>will</i> to make predictions. (11B, p115)	0 1 2 3 4 5
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• I can use <i>be + going to + infinitive</i> to talk about plans in the future. (11C, p117)	0 1 2 3 4 5
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• I can use phrasal verbs to talk about relationships. (11D, p118)	0 1 2 3 4 5
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Writing	
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• I can write about my future work plans. (Workbook 11, p85)	0 1 2 3 4 5
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Unit 12	
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Listening	
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• I can understand different answers to the same question. (12B, p124)	0 1 2 3 4 5
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• I can understand social conversations on different topics. (12D, p128)	0 1 2 3 4 5
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Reading	
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• I can understand biographical details in an article. (12A, p122)	0 1 2 3 4 5
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• I can understand opinions in an advertisement brochure. (12C, p126)	0 1 2 3 4 5
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Spoken interaction	
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• I can ask someone questions about experiences and events in their past. (12B, p125)	0 1 2 3 4 5
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• I can talk about learning English. (12C, p126)	0 1 2 3 4 5
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• I can thank someone and respond to thanks. (12D, p128)	0 1 2 3 4 5
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Spoken production	
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• I can give reasons for my opinions. (12A, p123)	0 1 2 3 4 5
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• I can give a one minute presentation about a topic that interests me. (12C, p127)	0 1 2 3 4 5
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Language quality	
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• I can use the present perfect to talk about general events or experiences in the past. (12A, p123)	0 1 2 3 4 5
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• I can use different verb forms to ask someone questions about their life. (12C, p127)	0 1 2 3 4 5
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Writing	
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• I can write a thank you note. (Workbook 12, p87)	0 1 2 3 4 5
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